

MINISTRY OF SCIENCE AND HIGHER EDUCATION OF THE REPUBLIC OF KAZAKHSTAN  
KORKYT ATA UNIVERSITY OF KYZYLORDA  
INSTITUTE OF NATURAL SCIENCES



**GRADUATE MODEL**

6B01422(IP fin.) - "Physical culture and sports"

Kyzylorda, 2025



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## Conduction

Training a competitive and in-demand physical education teacher, a coach-teacher in a selected sport, aimed at carrying out educational activities that meet the high civic responsibility of the teacher's status in modern conditions. The development of a graduate's competency model is designed to answer the question of what professional tasks a specialist of a certain degree (position) and profile should be able to solve. The formation of a modern graduate model that meets the needs of stakeholders and all interested parties is the main strategic goal of the Korkyt Ata University and is supported by the necessary human, educational, informational, and material and technical resources for the educational process.

The university implements a targeted personnel policy and systematically improves its material and technical base to ensure high-quality training of undergraduate graduates who are in demand in the labor market.

### 1. Description of the OP

Young people studying physical education and sports are realizing the opportunity to comprehensively improve the physical qualities inherent in every individual and related to optimal physical development, as well as the parallel development of spiritual and moral qualities that characterize a socially active person. This ensures that every member of society is prepared for productive work and other socially significant activities.

A specialist in this field has a full range of knowledge and skills for working in the field of physical culture. This means that they engage in various activities. All of these activities are aimed at learning how to maximize human potential. In addition, a professional contributes to promoting a healthy lifestyle. They instill in people the values of humanity. Therefore, the educational process requires the mastery of disciplines in various fields, including natural sciences, economics, social sciences, and humanities.

To make a significant contribution to the development of Kazakhstani sports through the development of physical culture and sports at the university in this direction. Physical culture and sports play an important role in the work carried out at the university to foster resilience, patriotism, and love for country among young people. The promotion of university sports has a significant impact on the upbringing of young people.

### 2. Components of the graduate model of an educational program

The main components of the graduate model of an educational program include information about the goals and objectives, objects of the educational program, types and areas of professional activity, the specialist's competency model, including descriptors, the type of competencies in accordance with the educational program, and the results of the educational program.

#### 2.1 Objectives of the educational program

The main goal of the physical culture and sports system is to educate strong and healthy people who are committed to protecting our country and working creatively. The physical culture system is organized on a state and public basis in preschool institutions, schools, secondary and higher educational institutions, military units, polyclinics, and other state and public institutions. Comprehensive analysis of the stages of formation and development of physical culture and sports at Korkyt Ata Kyzylorda University and promotion of the younger generation; - Determine the university's contribution to the mass participation in physical culture and sports in the republic based on actual data; - Analyze and scientifically substantiate the achievements of graduates of the Department of Physical Culture and Initial Military Training in sports and science.

#### 2.2 Objectives of the educational program

The objectives of the educational program 6V01405-Physical Education and Sports include strengthening the health of young people, developing their abilities in selected sports, fostering strong-willed athletes who defend the honor of their nation and homeland on the international stage, training active students in the field of physical education and sports, providing assistance to secondary schools in the field of mass sports, and promoting sports.

#### 2.3 General and specialized competencies

6B01405-Bachelors of Engineering and Technology in Physical Education and Sports can perform the following types of professional activity: Organizational and managerial activity:

- Participation in the formation and implementation of state policy in the field of physical culture and sports.
- Development of physical culture and sports in the Republic of Kazakhstan, training of sports reserves and athletes at the national and international level.



- Participation in the creation and strengthening of the material and technical base of physical culture and sports
- Promotion of sports movement, as well as training and advanced training of specialists in physical culture and sports within their competence.

#### 2.4 Matrix of matching the learning outcomes of the educational program with the formed competencies

	ON 1	ON 2	ON 3	ON 4	ON 5	ON 6	ON 7	ON 8	ON 9	ON 10	ON 11	ON 12
ЖК/ОК/ГС 1	1	2										
ЖК/ОК/ГС 2				4								
ЖК/ОК/ГС 3				4								
ЖК/ОК/ГС 4												12
ЖК/ОК/ГС 5	1	2										
ЖК/ОК/ГС 6		2										
ЖК/ОК/ГС 7		2										
ЖК/ОК/ГС 8		2										
ЖК/ОК/ГС 9		2										
ЖК/ОК/ГС 10		2										
ЖК/ОК/ГС 11	1	2										
ЖК/ОК/ГС 12	1	2										
ЖК/ОК/ГС 13		2										
ЖК/ОК/ГС 14			3	4								
БК/БК/ВС 1					5		7					
БК/БК/ВС 2					5		7					
БК/БК/ВС 3								8	9			
БК/БК/ВС 4					5							
БК/БК/ВС 5						6						
БК/БК/ВС 6									9			
БК/БК/ВС 7					5							
БК/БК/ВС 8					5							
БК/БК/ВС 9					5		7					
БК/БК/ВС 10			3		5							
БК/БК/ВС 11				4	5							
БК/БК/ВС 12								8		10		12
БК/БК/ВС 13							7					
БК/БК/ВС 14					5							
КК/ПК/РС 1								8	9			
КК/ПК/РС 2								8	9			
КК/ПК/РС 3								8	9			
КК/ПК/РС 4								8	9			
КК/ПК/РС 5								8	9			
КК/ПК/РС 6					5							
КК/ПК/РС 7								8	9			
КК/ПК/РС 8								8	9			
КК/ПК/РС 9								8	9	10		
КК/ПК/РС 10								8	9	10		
КК/ПК/РС 11						6						
КК/ПК/РС 12						6						
КК/ПК/РС 13									9			12
КК/ПК/РС 14											11	
КК/ПК/РС 15											11	
КК/ПК/РС 16			3									
КК/ПК/РС 17								8	9			
КК/ПК/РС 18								8		10		
КК/ПК/РС 19							7			10		
КК/ПК/РС 20								8	9	10		



KK/TK/PC22												
KK/TK/PC23								8	9	10		
KK/TK/PC24								8	9			
												12

## 2.5. 6V01405 - Personal qualities of a specialist in physical culture and sports

A specialist in physical education and sports must be responsible, love children and sports, possess organizational skills, be sociable and stress-resistant. It is also important to be patient, attentive, able to motivate and inspire, as well as physically healthy and resilient. The key personal qualities of the Bachelor of OP 6B01422 (IP fin.) - physical culture and sport are:

- Love of physical activity and promotion of a healthy lifestyle.
- The desire to pass on their knowledge and form good relationships with students.
- Responsibility for the safety of classes and the health of the students.
- Sociability, the ability to find an approach to different children and adults.
- Tolerance, tact, and the ability to understand students' moods.
- The ability to motivate and inspire, to be an example to others.
- The ability to make quick decisions and act in unusual situations.
- Organization, determination in achieving educational goals.
- Stress tolerance and mental stability for working under stressful conditions.
- Observation, attention to detail and the ability to notice the peculiarities of everyone.
- Initiative, independence and striving for self-improvement.
- Good physical fitness, endurance and good overall health.

«Physical Education and Initial Military Training»  
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